



THE PHOENIX
RISE | RECOVER | LIVE
LOS ANGELES

**FREE SOBER
ACTIVITIES!**



SCAN TO REGISTER

WEEKLY SCHEDULE

MONDAYS

7:45 PM – COMMUNITY FITNESS WITH CAMPBELL
DEUCE GYM, 110 Lincoln Blvd., Venice, CA 90291

TUESDAYS

1:00 PM – COMMUNITY FITNESS WITH CAMPBELL
HOMBOY INDUSTRIES, 664 New High St, Los Angeles 90012

4:30 PM – BEACH YOGA WITH NOEL
OCEAN PARK AT BEACH, 2525 Ocean Front Walk, Santa Monica, CA 90405

WEDNESDAYS

4:30 PM – ADVANCED RIDE WITH ANDY
PLUMMER PARK, 7377 Santa Monica Blvd, West Hollywood, CA 90046

7:45 PM – COMMUNITY FITNESS WITH CAMPBELL
DEUCE GYM, 110 Lincoln Blvd., Venice, CA 90291

THURSDAYS

5:30 PM – BEACH YOGA WITH STEPHANIE & SARAH
OCEAN PARK AT BEACH, 2525 Ocean Front Walk, Santa Monica, CA 90405

FRIDAYS

2:30 PM – COMMUNITY FITNESS WITH CAMPBELL
MT. CARMEL RECREATION CENTER, 830 W. 70th St. LA, CA 90044

5:30 PM – BEACH RUN WITH DARIN
MARINAVIEW, 13288 FIJI WAY, MARINA DEL REY, CA 90292

7:00 PM – COMMUNITY FITNESS WITH CAMPBELL
DEUCE GYM, 110 Lincoln Blvd., Venice, CA 90291

SATURDAYS

8:15 AM – ALL LEVELS BIKE RIDE WITH ANDY
CRYSTAL SPRINGS PICNIC AREA, 4659 Crystal Springs Dr., LA, CA 90027

MONTHLY EVENTS

SATURDAY MARCH 6 6:30 AM – HIKE WITH DAN
SWITZER FALLS TRAIL, 701 Angeles Crest Highway, Tujunga, CA 91042

SATURDAY MARCH 13 12 PM – PAINT IN THE PARK WITH DARIN
VETERANS MEMORIAL PARK, 4117 Overland Ave., Culver City, CA 90230

SATURDAY MARCH 20 6:30 AM – HIKE WITH DAN
THE WHOOPS TRAILHEAD, 1500 N. Kenter Ave, Los Angeles, CA 90049

SATURDAY MARCH 27 5:00 PM – WORKOUT & SOCIAL
SANCTUARY FITNESS DTLA, 718 Jackson St, Los Angeles, CA 90012

VISIT THEPHOENIX.ORG OR CONTACT US AT [424.272.6039](tel:424.272.6039) / LASTAFF@THEPHOENIX.ORG